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# The effects of problem-based learning on mathematical proficiency: A combined bibliometric analysis and meta-analysis review

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### ABSTRACTS

The research goals are investigating the impacts of applying Problem-Based Learning (PBL) on mathematical proficiency. 23 primary research papers that met the inclusion assumptions were investigated in this study using a meta-analysis methodology. The Scopus database and UPI repository were used to identify empirical data. Additionally, the characteristics of publication year, strands of mathematical proficiency, geographic level, education level, and class level are examined in this study. The Comprehensive Meta-Analysis (CMA) application was employed to carry out the statistical computations, and the random effects model was followed throughout the calculation process. As a consequence, the overall of effect size is 0.77. Compared to traditional learning, the results showed that PBL implementation significantly improved students' mathematical proficiency. The analysis of moderator variables suggests that PBL works best when it is applied to strengthen the conceptual understanding and procedural fluency strands of mathematical proficiency. This discovery contributes valuable insights for the future implementation of PBL. Thus, these results recommend that collaborative studies among countries regarding the impact of Project-Based Learning will be crucial in the future to generate more comprehensive and inclusive results.

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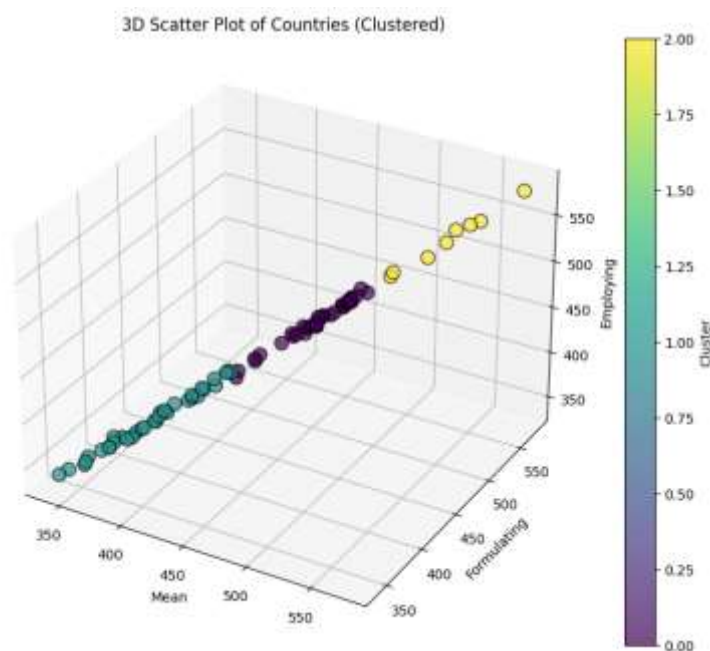
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## 1. INTRODUCTION

The COVID-19 pandemic has caused one of history's most significant educational disruptions, primarily attributed to widespread school closures that impacted approximately 95% of the global student population ([UN Policy Briefs, 2020](#)). As a consequence, education globally has experienced a significant decline, especially in the subject of mathematics. This decline can be seen from the results of the PISA 2022 assessment.

On average, OECD countries had an unprecedented drop in performance, based on the PISA 2022 results. Compared to 2018, the mean performance dropped nearly 15 score points in mathematics. The decrease in mathematics performance is three times larger than any previous consecutive change ([OECD, 2022](#)). Figure 1 illustrates the global mathematics scores in PISA 2022.



**Figure 1.** Mathematics Scores in PISA 2022

The findings from PISA 2022 indicate that, on average, 61% of OECD countries are below the average mathematics performance. However, 31% of students demonstrated performance below Level 2 in mathematics. Moreover, 19% of students achieved proficiency at Level 1a, 10% at Level 1b, 2% at Level 1c, and 0.3% below proficiency at Level 1c. Proficiency Level 2 is recognized as the foundational level of competence that students are required to engage actively in society. However, students below the baseline Level 2 have low mathematical proficiency.

Mathematical proficiency refers to an individual's capacity in mathematics that can be utilized and applied across diverse fields ([Rohimah et al., 2022](#)). Additionally, conceptual understanding, strategic competence, procedural fluency, productive disposition and adaptive reasoning are the five fundamental components of mathematical proficiency ([Kilpatrick et al., 2002](#)). An important characteristic of mathematical proficiency is these five strands interconnected and interdependent nature. The interconnectedness of the five strands can provide valuable insights into the potential learning challenges that students may encounter in their long-term engagement with mathematics ([Corrêa & Haslam, 2020](#)).

The low level of mathematics proficiency may arise from various factors, including the utilization of inappropriate learning models, leading to students' lack of active engagement in learning ([Rahmah et al., 2023](#)). Furthermore, the teaching process has not encouraged students to think scientifically, and the learning model is still conventional ([Zulyusri et al., 2022](#)). However, an instructional model that can improve the way students learn mathematics is required ([Rahman et al., 2023](#)). One way to enhance mathematical proficiency is by employing problem-based learning ([Tanjung et al., 2020](#)).

Problem-based learning is a method of instruction that emphasizes for solving particular problems to increase student engagement in the learning process ([Şenyiğit & Yüzüncü, 2021](#)). PBL is an instructional approach that facilitates the growth and advancement of students for their research, questioning, initiative, and decision-making skills ([Bayram & Deveci, 2022](#)). Developing problem-solving abilities is an essential skill that students must possess in order to effectively learn mathematics ([Muhaimin et al., 2023](#)). All educational levels require that students learn how to solve problems ([Purwasih et al., 2023](#)). However, problem-solving requires individuals to engage in creative and critical thinking to generate alternative ideas and identify specific steps to overcome challenges ([Hasibuan et al., 2018](#)).

According to ([Cahyaningsih et al., 2023](#)), PBL will improve students' mathematical proficiency. These outcomes are in line with ([Darwani et al., 2020](#)). However, demonstrates the implementation of the Problem-Based Learning framework to instruction improves students' ability to develop adaptive reasoning and strategic competence. Students are guided to comprehend problems, engage in connecting concepts or situations, and subsequently identify the appropriate strategy to address the problem. The Problem-Based Learning has the potential to be used in an attempt to enhance students' critical thinking abilities because it is effective at developing problem-solving skills through critical and creative thinking ([Arifin et al., 2020](#)). Additionally, problem-based learning demonstrated a more significant impact compared to conventional teaching in enhancing students' mathematics problem-solving ability, academic gain, and self-confidence in mathematics ([Hendriana et al., 2018](#)).

Several studies have indicated that the literature on PBL impacts students' mathematical proficiency. However, there has not been an in-depth investigation regarding how PBL affects students' mathematical proficiency in the literature. On the other hand, there is a need for a comprehensive determination by the government and relevant stakeholders concerning the efficacy of PBL, including the factors that shape its future implementation. Analyzing the impact of PBL on mathematical proficiency concerning study characteristics is not achievable through individual primary studies. Because meta-analysis uses effect sizes, it is regarded as an objective method for conducting literature reviews ([Tamur et al., 2020](#)).

Meta-analysis is a statistical methodology that employs quantitative procedures such as effect sizes, to determine the level of intensity of the connections between variables in the research included in the analysis ([Cleophas & Zwinderman, 2017](#)). This approach disregards subjective interpretations in different study reports focused on the similar problem or methodology ([Borenstein et. al., 2009](#)). Meta-analysis studies of the overall effects of PBL identify any relevant literature on mediators that should be taken into consideration in the future.

With this particular framework, this study investigates following questions:

1. Are the effect sizes from PBL implementation greater than those from conventional mathematical approach?
2. Is the study's overall effect size affected by variations in the sample size, educational attainment, study year, strands of mathematical proficiency, and geographic area where PBL is implemented?

## 2. METHOD

### *Research Design*

The objective of this research is to conduct a statistical assessment Regarding primary research investigating the effects of implementing Problem-Based Learning (PBL) on students' mathematical proficiency, using meta-analysis approach. The process of conducting the meta-analysis involves three steps. Firstly, the criteria for selecting the research studies that will be used in the meta-analysis will be discussed. The process for locating studies and categorizing the variables found in those studies will be described in the second section. Third, statistical techniques will be used to investigate how study variables and effect sizes relate to one another ([Boronstein et. al., 2007](#)). These stages were also implemented in the present investigation.

### *Inclusion Criteria*

The subsequent criteria are employed to identify which publications are considered appropriate for inclusion in the analysis, in order with the research objectives: First, the analysis includes studies that have been selected from a range of experimental and quasi-experimental studies that compare students' mathematical proficiency using Problem-Based Learning (PBL) with those taught through conventional approaches. Second, the studies included in this focused synthesis were carried out during the previous decade (2013-2023) and published in English. Third, mean, sample size and standard deviation are the crucial statistical parameters for this transformation. In addition, the year of study, the strands of mathematical proficiency, the location, the educational level, and the class level are the primary pieces of information required to explore the research question.

### *Data Collection*

Scopus and UPI repositories were databases used to track primary studies. The search terms "problem-based learning" was used to locate primary studies. However, data collection in meta-analysis needs to consider publication bias, which refers to the inclination of studies to be published to report larger and statistically more significant effects ([Polanin et al., 2016](#)). therefore, meta-analysis searches should strive to identify unpublished literature ([Juandi et al., 2022](#)). hence, the researcher utilized two data sources from the Scopus database and UPI repository to avoid publication bias.

This research followed the procedures provided in the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA). There are four stages guided by PRISMA, namely, identification, screening, eligibility, and inclusion ([Suparman et al., 2021a](#)). Figure 2 provides a PRISMA diagram.

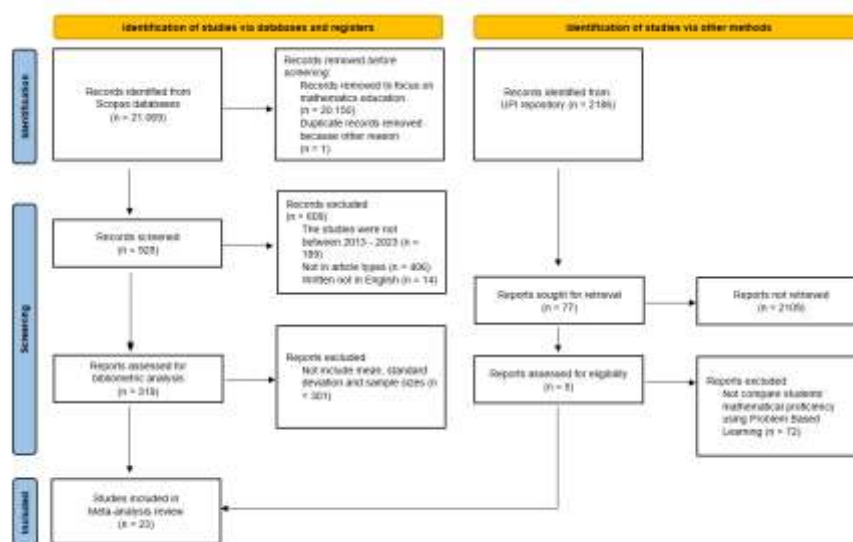


Figure 2. A flow diagram of PRISMA

### Moderator Variables

Meta-analysis consistently identifies a moderating variable, which refers to the particular study's elements that relevant to the research findings (Hall & Rosenthal, 1991). In this study, a moderator represents a variable that influences PBL's impact. The coding of variables yields five discernible moderators, namely, the year of study, the strands of mathematical proficiency, the geographic area, the educational level, and the class level. Table 1 contains the information for the five moderators.

Table 1. Details regarding the moderator variables

Category	Group	N
Year of study	2013 – 2018	9
	2019 – 2023	14
Strands of mathematical proficiency	Conceptual understanding	6
	Procedural fluency	4
	Strategic competence	5
	Adaptive reasoning	4
	Productive disposition	4
Geographic area	Indonesia	18
	Turkey	1
	Bosnia and Herzegovina	1
	Taiwan	1
	United States	1
	Spanish	1
Educational level	Primary school	10
	Secondary school	6
	High school	7
Class Level	Small class (n < 30)	4
	Large class (n ≥ 30)	19

**Data Analysis**

The data analysis of this research was carried out with a Comprehensive Meta-Analysis (CMA) application. An analysis was conducted utilizing the Hedges formulas to assess the effect size of integrating the PBL model on mathematical proficiency of students.

$$Hedges's\ g = \frac{\bar{X}_1 + \bar{X}_2}{S_{pooled}}$$

The g values obtained can be categorized into five categories (Thalheimer & Cook, 2002), shown in Table 2.

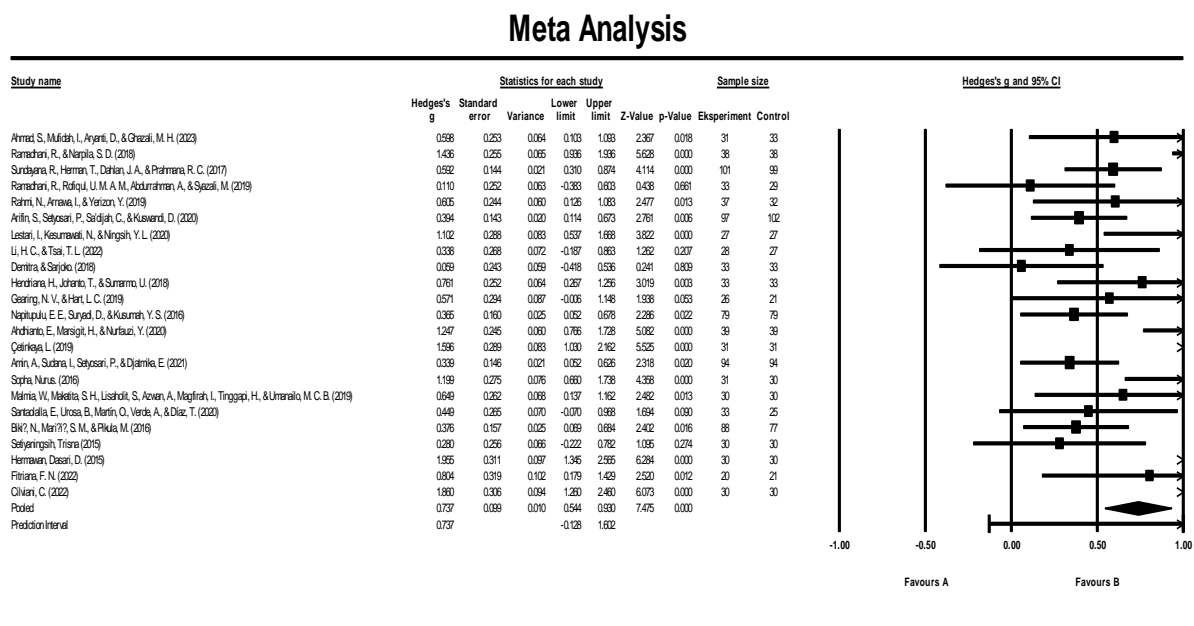
**Table 2.** The categorization of effect size

Range of Effect Size (ES)	Interpretation
-0.15 ≤ ES < 0.15	Ignored
0.15 ≤ ES < 0.40	Low
0.40 ≤ ES < 0.75	Medium
0.75 ≤ ES < 1.10	High
1.10 ≤ ES < 1.45	Very high
ES ≥ 1.45	Very good

**3. RESULTS AND DISCUSSION**

**Results of the Overall Analysis**

This study first investigated to determine how PBL affects students' overall mathematical proficiency. Figure 3 explain the hedges’s g, standard errors, confidence intervals, and Z-value and P-value among the studies addressed throughout the meta-analysis review.



**Figure 3.** Flow forest research

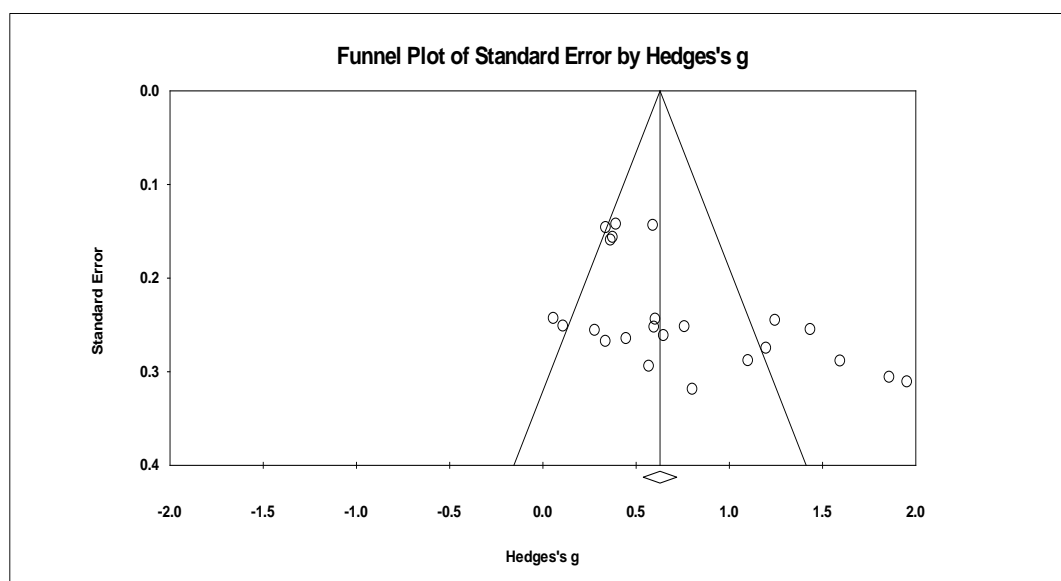
Figure 3 illustrates that the overall effect size ranges between 0.05 and 1.95 with a 95% confidence interval. However, there are inconsistencies in ES PBL, representing the mediator's impact on the mathematical proficiency of students. Table 3 presents an analysis of the study's outcomes based on the estimate technique.

**Table 3.** Description of meta-analysis results based on estimation method

Models	N	Hedges's g	95% Confidence Interval		Q
			Lower	Upper	
Fixed-effects	23	0.63	0.54	0.72	94.79
Random-effects	23	0.77	0.54	0.93	

Table 3 demonstrates the various distribution of the effect sizes. Consequently, this study's meta-analysis utilizes the random effects model. The effect size, as determined by the random-effects model, is 0.77, indicating that, compared to traditional learning, PBL-based learning has a substantial impact on students' mathematical proficiency. The result is achievable because mathematical proficiency pertains to the capacity for comprehending, performing calculations, applying reasoning, and actively participating (Groves, 2012). This finding align with the research results of (Cahyaningsih et al., 2023), which studies indicate that Problem-Based Learning enhances students' mathematical proficiency.

Additionally, to assess the presence of publication bias, consideration can be given to a funnel diagram. The funnel plot that was obtained for the study is shown in Figure 4.



**Figure 4.** Research funnel plot

There is some non-perfect symmetry regarding the effect sizes' distribution. The decision was made for assessing potential publication bias using statistical data obtained through the calculation of FSN (Rosenthal's fail-safe N). Table 4 provides a summary of the findings from the N test calculations.

**Table 4.** Results of statistical estimation for FSN

Bias Condition	Value
Z-value for observational investigations	14.63
P-value for observational investigations	0.00
Alpha	0.05
Tails	2
Z-value (for Alpha)	1.96
Number of empirical studies	23
FSN	1260

The results of the statistical evaluation conducted utilizing CMA software showed that the Rosenthal fail-safe N value was 1260, which is  $1260 / (5 * 23 + 10)$ , the calculated result is 10.08. It was observed that this value  $> 1$ . This result implies the research findings that were included from this study are not affected by the bias of publication. Consequently, there was no necessity to exclude or add any studies into the evaluation because of the bias of publication.

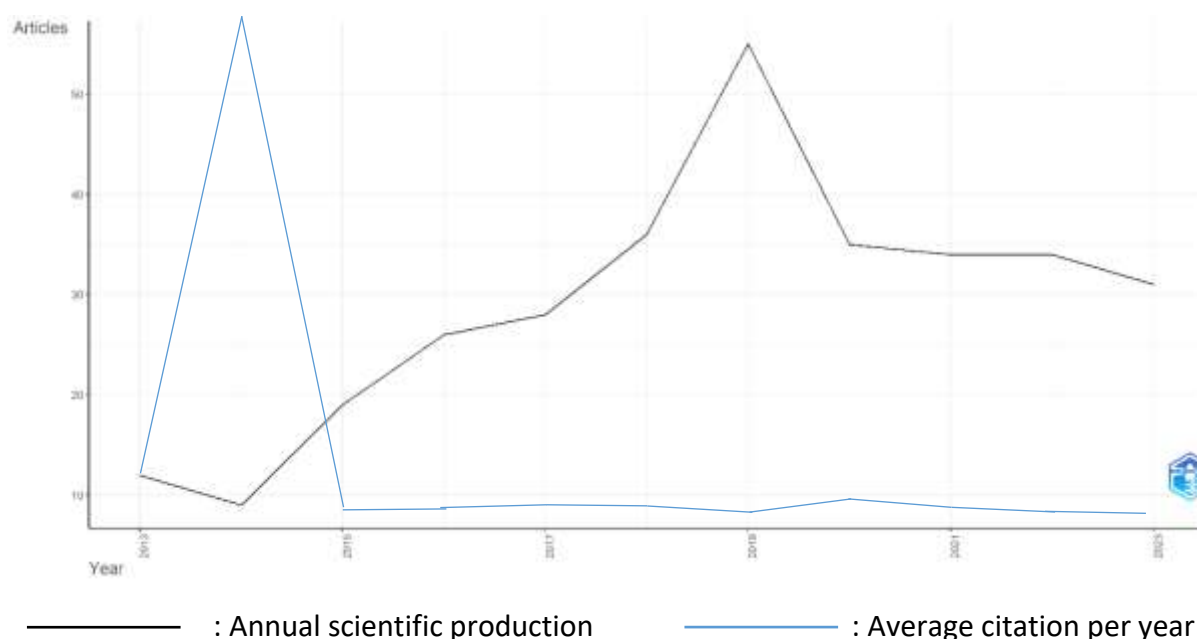
#### **Results of the Moderator Variables based on Year of Study**

**Table 5.** A description of the moderator variable results based on the study year

Year	N	Effect Size	Test of Null (Two Tailed)		Heterogeneity		
			Z – value	P – value	$Q_b$	df (Q)	P - value
2013 – 2018	9	0.74	4.41	0.00	0.003	1	0.96
2019 – 2023	14	0.73	5.85	0.00			

The characteristics of the year of study were divided into two groups: 2013 – 2018 and 2019 - 2023. There is little correlation in the value of the effect sizes of 0.73 (medium effect) in research conducted in 2019–2023 and 0.74 (medium effect) in studies conducted in 2013–2018. There was a p-value greater than 0.05. These findings interpret that there are no significant effects of PBL implementation for enhancing students' mathematical proficiency according to the year of study.





**Figure 5.** Distribution and average citation of articles related to Problem-Based learning

Figure 5 illustrates the distribution and average citation of articles related to Problem-Based Learning between 2013 and 2023 at a 10-year interval. It is noticeable that the publication output saw a positive trend with the publication output in 2019 showing the most significant rise. Looking at the starting year, the publication output accounted for under 15 articles, which was the second lowest quantity of publications in the last 10 years. Over the following a half decade, the distribution of publications related to PBL saw an exponential trend. From 2013 to 2019, the publication rate increased significantly. In stark contrast, in the next year, the publication rate decreased notably by approximately 25 articles. Finally, by the year 2023, the publication rate stayed around 32 articles.

On the other hand, the average citation of articles related to Problem-Based learning saw a dramatic increase in 2014, which was accounted for more than 45 articles but had a drastically drop in the next year by nearly 55 articles. Over the following years, the average citation of article saw a stagnant trends just under 10 articles every year until now.

### **Results of the Moderator Variables based on the Strands of Mathematical Proficiency**

**Table 6.** A description of the moderator variable results based on mathematical proficiency

Strands	N	Effect Size	Test of Null (Two Tailed)		Heterogeneity		
			Z - value	P - value	Q <sub>b</sub>	df (Q)	P - value
Conceptual understanding	6	1.10	5.22	0.00	10.52	4	0.033
Procedural fluency	4	0.94	2.84	0.00			
Strategic competence	5	0.59	3.08	0.00			
Adaptive reasoning	4	0.44	5.83	0.00			
Productive disposition	4	0.61	1.93	0.05			



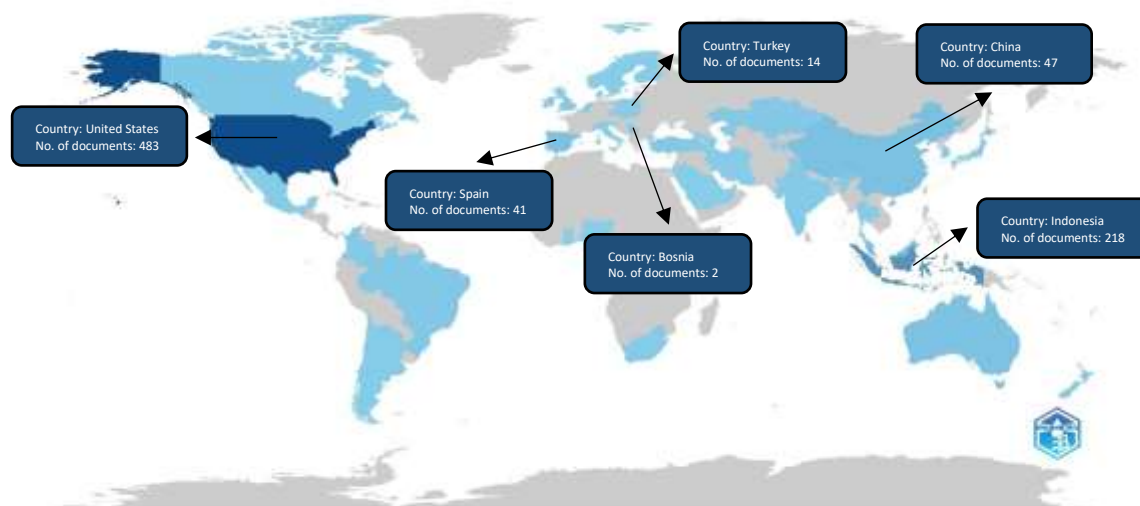
**Results of the Moderator Variables based on Geographic Area****Table 7.** Summary of the results of moderator variable based on geographic area

Geographic Area	N	Effect Size	Test of Null (Two Tailed)		Heterogeneity		
			Z – value	P – value	Q <sub>b</sub>	df (Q)	P – value
Indonesia	18	0.76	6.68	0.00	16.77	5	0.005
Bosnia and Herzegovina	1	0.38	2.40	0.02			
Spain	1	0.45	1.69	0.09			
Taiwan	1	0.39	1.26	0.21			
Turkey	1	1.60	5.52	0.00			
United States	1	0.57	1.94	0.05			

The characteristics of the geographic area were divided into six groups: Indonesia, Bosnia and Herzegovina, Spain, Taiwan, Turkey, and the United States. The effect sizes of variables used as moderators in Bosnia and Herzegovina and Taiwan are only 0.38 and 0.39, respectively, which was categorized as low effect. The effect sizes found in studies from Taiwan and Bosnia and Herzegovina are similar to those in research from Spain (0.45) and the United States (0.57), both of which were classified as having a medium effect.

In contrast, PBL implementation in Indonesia and Turkey has positive effects in improving students' mathematical proficiency. However, the effect sizes in both Indonesia and Turkey are 0.76 (high effect) and 1.60 (very good effect), respectively. The p-value was below 0.05. The results presented indicate that the implementation of PBL has had a major beneficial effect on mathematical proficiency based on their geographic location.

Figure 7 illustrates the average scientific production based on the characteristics of the geographic area.

**Figure 7.** Country scientific production related to problem-based learning



**Results of the Moderator Variables based on Class Level****Table 9.** Summary of the results of moderator variable based on class level

Class Level	N	Effect Size	Test of Null (Two Tailed)		Heterogeneity		
			Z – value	P – value	Q <sub>b</sub>	df (Q)	P – value
Small class	4	0.69	4.08	0.00	0.08	1	0.78
Large class	19	0.75	6.67	0.00			

The characteristics of the class level were divided into two groups, namely: small class ( $n < 30$ ) and large class ( $n \geq 30$ ). Studies conducted in small classes showed a value of effect size of 0.69, Categorized as having a moderate impact. However, research conducted in large classes found the effect measured at 0.75 has been classified as a large effect. The p-value exceeded 0.05. These results reveal that there are no significant effects of PBL implementation for enhancing students' mathematical proficiency according to class level.

**4. CONCLUSION**

Over the past few decades, research investigations have been carried out to incorporate conclusions from the consequences associated with implementing Problem-Based Learning (PBL). When compared to conventional learning, some important findings indicate that the actualization of PBL significantly improves mathematical proficiency of students. PBL works effectively when it is applied to improve the strands related to understanding of concepts and knowledge of procedures of mathematical proficiency. However, it might not be recommended to enhance students' adaptive reasoning. However, the application of PBL is recommended in the large classes at the elementary schools. PBL is ideal for implementation in Turkey and Indonesia than it is in the US, Bosnia and Herzegovina, Spain, or Taiwan.

It is important to remember that although this analysis indicates a strong positive impact of using problem-based learning (PBL) on mathematical proficiency of students, this finding has only been drawn on research that consider effect sizes to be calculated. Several comparable research remain unanalyzed due to insufficient statistical information, highlighting a limitation within the context of the results. This study has certain limitations: first, the exclusion of certain study characteristics such as the duration of Project-Based Learning (PBL) treatments, the proficiency of PBL facilitators, the specific mathematics learning topics, and others. Second, a relatively limited number of primary studies, particularly those sourced from Web of Science (WoS), Publish or Perish (PoP), PubMed, and other sources. A manual investigation through library visits is essential to access unpublished sources, including undergraduate theses, theses and dissertations. Collaborative studies among nations regarding the impact of Project-Based Learning (PBL) will be crucial in the future to generate more comprehensive and inclusive results.

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