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# Emotional and Behavioral Disorders as an impact of the role of parents in the Korean Drama Juvenile Justice

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#### **ABSTRACT**

This research uses literature study and content analysis methods to explore the impact of the representation of the role of parents in the Korean drama Juvenile Justice on emotional disorders and adolescent behavior. The results of the analysis show that the lack of attention and support from parents in the drama creates an emotional void in the teenage characters, thus encouraging them to commit extreme acts such as murder, theft, and involvement in prostitution cases. Comparison and pressure to achieve academically have also emerged as triggers of excessive emotional stress in children. Unstable family environments and traumatic experiences such as domestic violence and bullying also play an important role in shaping adolescent behavior. These findings highlight the important role of parents in providing consistent attention, affection and support to prevent the increase in adolescent emotional and behavioral disorders. The implications of this research can be the basis for developing intervention programs and guidance for parents in supporting children's development.

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#### 1. INTRODUCTION

In this era of globalization, entertainment media, especially Korean dramas, have become a form of cultural expression that has achieved extraordinary popularity throughout the world. One genre that has received great attention is the Korean drama Juvenile Justice, which depicts complex stories about teenage life, law, and justice. Even though this drama presents an entertaining narrative, the development of teenagers' behavior and emotions can be influenced by their understanding of the role of parents represented in the story.

The role of parents in child development covers very broad dimensions, including the formation of children's behavior and emotions. From an early age, children are actively involved in the process of forming their personality, and parents have a central role in providing direction, support, and an environment that supports healthy growth (Rahadi, AD, & Devitri, A. 2024). The role of parents is not only limited to providing physical and material needs, but also includes a deep influence on how children manage emotions, respond to the surrounding environment, and form behavioral patterns that will shape their character in the future.

The importance of the role of parents can be seen in their contribution to the main aspects of children's development, including cognitive, social, and emotional. Through daily interactions, parents provide behavioral models that children will adopt as a basis for understanding and responding to the world around them. By providing positive role models and setting appropriate limits, parents help shape the social and ethical norms that form the basis of children's character (Santika, et al., 2019).

As children grow, parents' role in emotional development also becomes more important. A warm and caring family environment can create a strong foundation for children's emotional regulation. Parents who understand and respond empathetically to their children's feelings help them develop healthy social and emotional skills (Dani, et al., 2023). When parents provide stable emotional support, children are more likely to cope with stress, develop self-confidence, and build positive interpersonal relationships.

Parents also play a big role in providing guidance on moral and spiritual values. Through learning and mentoring, parents help children understand the difference between right and wrong, form a moral foundation, and help them live their lives with integrity (Sirva, et al., 2023).

Pop culture theory is the main theoretical framework in this analysis, which sees entertainment media as an agent that shapes society's values and norms. Korean dramas have a strong appeal to teenagers. Through complex characters and in-depth stories, this drama shows various situations of everyday life. Parents, as authoritative figures, often become models for teenage children. How does the role of parents in this drama affect the way children deal with emotions and regulate their behavior?

Therefore, media analysis is important to understand how the Korean drama Juvenile Justice can shape teenagers' perceptions of the role of parents and the extent to which this influences their behavior and emotions. The conceptual framework of this research includes theories about the influence of parents on child development.

This article aims to analyze behavioral and emotional disorders in adolescents as the impact of the representation of parental roles in the Korean drama Juvenile Justice. The presence of parents in teenagers' lives has a significant influence on the development of their behavior and emotions. Therefore, through this research, we will explore how understanding the role of parents presented in this drama can shape teenagers' perceptions and emotional responses, and in turn, can influence their behavior.

This research will provide an understanding of how the role of parents in Korean dramas can influence adolescent behavior and emotions. The results of this research can be used as a basis for developing education and support programs for parents in guiding children to face emotional and behavioral challenges.

Thus, this journal article will dig deeper into how the role of parents in the Korean Drama Juvenile Justice influences behavioral and emotional disorders in adolescents. We hope this research will provide valuable insights for parents, educators, and practitioners in the field of child welfare.

#### 2. METHODS

In this research, a literature study and content analysis approach was used. Literature study is a series of activities related to methods of collecting library data, reading and taking notes, and processing research materials. In the context of research, literature study is also known as library research. The literature study will involve a review of literature related to the development of adolescent behavior and emotions, as well as the role of parents in this context. The research will explore literature that discusses the impact of media, such as Korean dramas, on adolescent psychology.

Apart from that, this research also used a Content Analysis approach. This content analysis method opens new perspectives and increases researchers' understanding of a phenomenon or provides valuable information related to practical activities. This method will be used to explore in depth how the behavior and emotional dynamics of the characters in the drama can provide an overview of parental influence. This approach allows researchers to identify patterns, themes, and hidden messages that may influence youth perceptions and behavior in the context of Juvenile Justice cases.

#### 3. RESULTS AND DISCUSSION

The Korean drama series Juvenile Justice is a Netflix original series directed by Hong Jong Chan and Kim Min Seok as the script writer. This drama presents a crime genre story. This drama contains a collection of criminal cases committed by teenagers and minors. In addition, this drama highlights the important role of parents in shaping children's characters and their impact on their actions. By handling controversial cases, this drama gives a message about the need for attention, compassion, and good education in educating children.

Apart from highlighting the important role of parents and children's characters, this drama also discusses the ins and outs of juvenile justice and how to deal with children with emotional and behavioral barriers according to the actions they take. In the first two episodes, attention was drawn to two minors, Han Yeu-un and Baek Seoung-u, who were involved in a murder crime. Both characters show emotional disturbances that reflect their inability to control their emotions. Investigation into the case revealed that parental neglect and lack of love were the main factors behind the children's criminal behavior.

In the third and fourth episodes, the focus shifts to a girl involved in a theft case, which reflects involvement in actions that violate social norms. His actions demonstrate his social isolation and involvement in a world outside the norm. This episode highlights the complexity of the characters of children who are drawn into the world of crime and attempts to understand aspects of their emotional and behavioral disorders.

The fifth episode depicts the characters of children involved in a prostitution case, revealing the emotional and behavioral disorders underlying their actions. One of the children was physically abused, showing symptoms of emotional disturbance due to a traumatic experience. The group's leader, Yeong Na, exhibits delinquent behavior as a form of protest and search for identity, especially after her mother intentionally abandoned her. Investigation into this case revealed disadvantaged family backgrounds, where the children grew up in disadvantaged family conditions, were abandoned by their parents, or even experienced domestic violence.

The role of parents in these cases becomes very significant. Lack of attention and affection from parents creates emotional emptiness and a need for attention in children. Lack of support from parents encourages children to seek fulfillment outside the family environment, such as getting involved in prostitution. Therefore, criminal acts committed by these children can be attributed to a lack of emotional balance and guidance from their parents. This case underlines the urgency of the role of parents in shaping children's emotional and behavioral development so that they do not fall into harmful associations.

In the sixth episode, the characteristics of the children, especially Shin Woo, show aspects of emotional and behavioral disorders triggered by the urge to get attention from their parents. Involved in a high school exam answer key leak case, Shin Woo tries hard to achieve high achievements to gain recognition and stop comparisons with his younger brother. Constant comparisons from parents create frustration and emotional stress that form the basis of Shin Woo's behavior. In this episode, we see that children often take extreme measures to fulfill their emotional needs, especially when it comes to getting attention and recognition from their parents. Comparison and academic pressure can also trigger emotional distress. Therefore, parents need to give attention and respect to each child, without comparing them, and understand the needs and pressures they may face in their teenage years.

The eighth episode features the character Kwak Do-seok, who experiences the deep impact of emotional and behavioral disorders due to the bullying he experienced. The collision case involving Kwak Do-seok highlights the impact of bullying on children's emotional and behavioral disorders. The role of parents, especially Kwak Do-seok's mother, is very important in revealing the facts of bullying and supporting her son. This case shows the serious impact of bullying on a child's emotional and behavioral health and re-emphasizes the importance of the role of parents in guiding their children in facing life's challenges.

The overall analysis of this drama series reflects the complexity and depth of emotional and behavioral disorders in children, as well as the important role of parents in shaping their development. The following is an overall analysis that includes general patterns and important findings:

#### 1. Emotional and Behavioral Disorders:

- a. Inability to Control Emotions: Almost all cases show the inability of children to control their emotions. This includes frustration, anger, and emotional instability, which play an important role in their criminal acts.
- b. Extreme Actions as a Response: Children respond to their emotional instability by committing extreme actions, such as murder, theft, or getting involved in cases of prostitution. This reflects their efforts to overcome the stress and trauma they face.

In this case, these characteristics are in line with the ideas of Hallahan and Kauffman and Eggen and Kauchak, symptoms of emotional and behavioral disorders are usually divided into two types, namely externalizing behavior and internalizing behavior. Externalizing behavior has a direct or indirect impact on other people, for example aggressive behavior, disobedience, disobedience, lying, stealing, and lack of self-control. Internalizing behavior affects students with various disorders such as anxiety, depression, withdrawal from social interactions, eating disorders, and suicidal tendencies. Both types have an equally bad influence on failure to learn at school (Hallahan & Kauffman, 1988; Eggen & Kauchak, 1997).

#### 2. The role of parents

- a. Lack of Attention and Support: The common factor in all cases is lack of attention and support from parents. Children feel neglected and unloved, and do not receive adequate guidance, which is the main trigger for emotional and behavioral disorders.
- b. Comparison and Parental Pressure : Several cases show the negative impact of comparisons made by parents, especially in the context of academic achievement. Pressure to meet parental expectations can create excessive emotional stress in children.
- c. Involvement in Cases: Parents are often unaware of their children's involvement in crime or negative behavior. Minimal parental involvement, especially in providing emotional support, also contributes to this chaos.

#### 3. Trauma and the Influence of the Family Environment

- a. Traumatic Experiences: Some children experience trauma, such as domestic violence, bullying, or the loss of a parent. These traumatic experiences play an important role in shaping a child's behavior.
- b. Unhealthy Family Environment: The families of these children are often unstable, with some experiencing parental departure, divorce, or family environmental conditions that do not support the child's development.

#### 4. The Need for Good Parenting

- a. Attention and Affection as Keys: This analysis highlights the need for attention and affection as keys in shaping children's emotional development. Parents need to provide consistent support, understand their child's needs, and be positively involved in their lives.
- b. Importance of Detecting Emotional Disorders: These cases demonstrate the need to detect emotional disorders at an early stage. By detecting and treating these problems early, it can help prevent destructive behavior from occurring in the future.

The overall analysis underscores the complexity and complex interactions between the child's emotional disturbances, parental roles, and the family environment. Awareness of the importance of good parenting, early detection of emotional disorders, and support for children in overcoming trauma can help create a safer and more supportive environment for children's development (Utami, 2018).

Apart from that, several factors causing the results of this analysis are also in line with the opinion of Rohmawati (in Widiastuti, 2020), namely several factors that cause emotional and behavioral disorders including biological factors, environmental or family factors, school factors, and community factors.

#### 4. CONCLUSION

The Korean drama series Juvenile Justice presents an in-depth look at the complexities of emotional and behavioral disorders in children, highlighting criminal cases involving teenagers and minors. In its narrative, this drama shows children's inability to control emotions, including frustration and emotional instability as triggers for extreme actions, such as murder, theft, and involvement in prostitution cases. The main factor that arises in each case is a lack of attention and support from parents, resulting in a void of emotions and needs that are sought to be fulfilled outside the family. Additionally, comparisons and pressure from parents, especially regarding academic performance, trigger excessive emotional stress in children. The series also highlights the impact of trauma, such as domestic violence and bullying, as well as an unstable family environment, in shaping children's behavior. Overall, Juvenile Justice emphasizes the importance of attention, affection and good parenting from parents to prevent the escalation of children's emotional and behavioral disorders, create a safe environment and support their development.

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#### 6. AUTHORS' NOTE

The authors declare that there is no conflict of interest regarding the publication of this article. Authors confirmed that the paper was free of plagiarism.

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