



## Analysis of Literature Study of Tactical Learning Approaches to Learning Outcomes of Passing and Dribbling in Soccer Skills

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### Abstrak

Pembelajaran PJOK materi dalam permainan bola besar khususnya sepakbola memiliki beberapa teknik dasar yang dapat dikuasai seperti *passing* dan *dribbling*. Namun, bagi siswa yang baru mengenal teknik dasar dalam sepakbola tentu akan mengalami kesulitan. Oleh karena itu diperlukan pendekatan yang sesuai, salah satunya pendekatan taktis. Pendekatan tersebut menekankan pada keaktifan gerak siswa selama proses pembelajaran. Penelitian ini bertujuan untuk mengetahui pengaruh penerapan pendekatan taktis terhadap peningkatan hasil belajar *passing* dan *dribbling* dalam sepak bola. Penerapan pendekatan pembelajaran taktis dengan menggunakan keterampilan dasar sepakbola dalam permainan sepakbola bisa digunakan dalam melatih keterampilan dasar siswa seperti keterampilan *passing* dan *dribbling*, dengan meneliti melalui studi literature sederhana menggunakan literatur dari berbagai sumber artikel jurnal yang ditemukan dari situs jurnal internasional dan nasional, setelah menemukan artikel jurnal yang mencakup dan sesuai kriteria inklusi dengan penelitian peneliti, lalu dibuat sebuah matriks yang meliputi nama dan tahun peneliti, hasil penelitian, dan hasil penting yang dapat dipakai peneliti. Setelah itu hasil dari studi literatur akan di analisis oleh peneliti. Kesimpulan yang dapat diperoleh yaitu penggunaan pendekatan pembelajaran taktis dalam keterampilan sepakbola dapat menunjang pembelajaran penjas menjadi lebih efektif dan penerapan pendekatan pembelajaran taktis dalam permainan sepakbola dapat berpengaruh terhadap keterampilan *passing* dan *dribbling* pada siswa.

### Abstract

Learning Physical education, sport and health (PJOK - *Pendidikan Jasmani Olahraga dan Kesehatan*) material in big ball games, especially soccer, has several basic techniques that can be mastered such as passing and dribbling. However, students who are new to basic techniques in soccer will certainly experience difficulties. Therefore an appropriate approach is needed, one of which is a tactical approach. This approach emphasizes the activeness of students movements during the learning process. This study aims to determine the effect of applying a tactical approach to improving the learning outcomes of passing and dribbling in soccer. The application of a tactical learning approach using basic soccer skills in the game of soccer can be used in training students basic such as passing and dribbling skills, by researching through simple literature studies using literature from various journal article

sources found from international and national journal sites, after finding articles journals that include and match the inclusion criteria with the researcher's research, then a matrix is made which includes the name and year of the researcher, the research results, and the important results that the researcher can use. After that, the results of the literature study will be analyzed by the researcher. The conclusion that can be obtained is that the use of tactical learning approaches in soccer skills can support physical education learning to be more effective and the application of tactical learning approaches in soccer games can affect the passing and dribbling skills of students.

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## INTRODUCTION

Physical education is an integral part of the education system in Indonesia. Physical education essentially develops student growth and development through sports. Mahendra (2015) states that physical education that is well directed has positive impacts such as a healthy lifestyle, social development, and better physical and mental health. Physical education implements learning with games, it takes a learning approach to create a good learning situation so that the learning created can meet the learning objectives. In implementing learning with games, a learning approach is needed to create a good learning situation so that the learning created can meet learning objectives, one of which is a tactical learning approach.

Through a tactical approach it is hoped that students will be able to improve their playing skills, as explained (Griffin, Mitchell, & Oslin, 1997) that the tactical approach is: the approach links tactics and skills by emphasizing the appropriate timing of skill practice and skill application within the tactical context of the game. This means an approach that connects tactics and skills by emphasizing the correct timing of skills practice in the context of play tactics. The aim of the approach is also to acquire dexterity, skills about something that children learn by doing it practically and ready to be used if one day is needed. One of the learning games is the big ball game, namely soccer.

Soccer is a sport that is included in the formal and informal school curricula. Almost all students in school enjoy this game from elementary, junior high,

to high school levels because the game is very easy to play but requires more complex skills. A soccer player is required to master the skills and good physique in order to be able to play effectively in a match. In the game of soccer, there are various kinds of skills including passing and dribbling, these two basic skills are very often used when someone is playing soccer, for a soccer player, passing and dribbling skills are techniques that must be mastered by a soccer player, because This skill will be the key to flowing the ball while playing soccer. When the player has mastered the skills of passing and dribbling effectively, the influence of the player in a soccer match will be seen.

Based on the problems described above, the researcher aims to Analyze a Tactical Learning Approach to the Learning Outcomes of Passing and Dribbling in Soccer Skills.

## METHODS

### Research design

This research is a research using literature study method or literature review. Literature review is a comprehensive overview of research that has been done on a specific topic to show readers what is already known about the topic and what is not known, to seek rationale for research that has been carried out or for further research ideas (Denney & Tewksbury, 2013). Literature studies can be obtained from various sources including journals, books, documentation, internet and libraries. The literature study method is a series of activities related to the method of collecting library data, reading and taking notes, and managing the writing materials of Zed, 2008 (Nursalam, 2016). The

type of writing used is a literature review study that focuses on writing results related to the topic or variable of writing.

**Data collection technique**

After submitting journals using accredited journal sites such as Scienedirect, Tandfonline, Garuda ristekbrin, google scholar, 39 article journals were identified and eligibility criteria were carried out. Then after that, 32 article journals were filtered, then excluded studies were carried out and 22 article journals were carried out, after that excluded studies were again based on inclusion criteria so that the total number of articles that met the requirements for review was 20 article journals.

**Data collection**

The data used in this research comes from the results of research that have been conducted and published in national and international online journals. In conducting this research, the researchers conducted a search for research journals published on the internet using the Google Scholar search engine, Scienedirect, Tandfonline, Garuda ristekbrin, with keywords: tactical learning approach, passing skills, dribbling skills, soccer skills. From the journal results obtained, data coding was carried out using a matrix table.

**Procedure**

In Conducting this research the researchers conducted a search for research journals published on the internet using the Google Scholar search engine, Scienedirect, Tandfonline, Garuda ristekbrin, with keywords tactical learning approaches, passing skills, dribbling skills, soccer skills.. n journals are selected according to the inclusion criteria. Before the researcher makes conclusions from several literature results, the researcher will identify the source of the journal in the form of a brief summary table containing the name of the researcher, title, year of writing, variables, results and conclusions. After the results of writing from some literature have been collected, then the researcher will analyze the effect of tactical learning on the learning outcomes of passing and dribbling skills in soccer skills. After the results of the analysis are obtained, conclusions will be drawn from the results of the analysis.

**Design**

At this stage, each journal that has been selected based on inclusion criteria will then make a conclusion that describes an explanation of the effect of futsal learning on students' attention and memory function. Before the researcher makes conclusions from some of the literature results, the researcher will identify the source of the journal in the form of a matrix table. After the results of writing from some literature have been collected, then the researcher will analyze the effect of futsal learning on students' attention and memory functions. After the results of the analysis are obtained, conclusions will be drawn from the results of the analysis.

**RESULT**

Journals that have met thResearch earticle journals that match the inclusion criteria are then collected and a journal summary is made including the name of the researcher, the year the journal was published, the research objectives, and a summary of the results or findings. To further clarify the abstract analysis and full text of the journal, read and observe it. The journal summary is then analyzed for the content contained in the research objectives and the research findings / findings. The analysis used is using 20 article journal content analysis, then coding the contents of the reviewed journal using a literature review matrix, the data that has been collected is then searched for relationships regarding the problems studied and important results for the researcher then discussed to draw conclusions.

**Literature Review Matrix**

inclusion requirements for further review will be made a table in the form of a matrix containing the name of the researcher in the year the journal was publishe “the implementation of tacticed, research variables, results and conclusions, and important results for researchers. Then the matrix will be used to analyze the contents of the journal regarding the relationship between the discussion of problems related to the author's research (Wahono, 2015).

**Table 1. Matrix Literature Review of Tactical Learning Approaches**

References	Research Variable	Conclusion
approach on students' enjoyment in playing soccer in junior high school”	Tactical learning approach	The tactical approach also applies the stages in game learning, regarding the stages of the tactical approach, (1) Children are involved in simple games, (2) Mastery of basic techniques is based on needs, (3) Children are

References	Research Variable	Conclusion
		involved in actual play and (4) Problem solving
(Villora & Gonzalez, 2012) "Tactical awareness decision making and skill in youth soccer players (under-14 years)"	Tactical Learning Approach	Considering that in a sports team, every technical or physical action is conditioned by a tactical aspect, such as passing, shooting and running as a tactical aspect that emphasizes the acquisition of the players. Young players have great capacity and motivation to gain knowledge.
(Fernando, 2016) "The Effect of the Tactical Learning Approach on the Soccer Game Skills of Class XI Students"	Tactical Learning Approach	tactical learning approach, teachers should make better and more mature preparations, especially in compiling clear and structured material, so that it can be easily understood by students.
(Sultanengtya & Darmawan, 2018) "Application of a Tactical Approach to Learning Outcomes of Dribbling and Controlling Skills in Soccer"	Tactical Learning Approach	The application of a tactical approach in physical education learning aims to motivate students and foster student interest to be more active in participating in le The application of a tactical approach in physical education learning aims to motivate students and foster student interest to be more active in participating in learning and be able to perform various basic techniques of a game through playing activities., 2018) "Application of a Tactical Approach to Learning Outcomes of Passing and Controlling in Soccer"
(Iskandar & Agustan, 2018) "Application of a Tactical Approach to Soccer Passing Skills at the Turangga Sakti Soccer School"	Tactical Learning Approach	The tactical approach is a basic technique related to the form of the game, so it is hoped that students can understand the relevance of basic technical training to situations in actual play. If this tactical approach can be applied in an exercise, it is likely that students will be more enthusiastic, interested, and motivated to take an active role in participating in soccer training.
(Suhari, 2017) "Efforts to Improve Soccer Playing Skills Through a Tactical Approach"	Tactical Learning Approach	Several ways of teaching about the ability to play soccer skills include using a tactical approach. Through a tactical approach to the game of soccer, the form of learning is handled through direct and

References	Research Variable	Conclusion
		comprehensive soccer playing activities
(Supriyanto, Koestoro, & Djasmi, 2018) "The Effect of a Technical and Tactical Approach on the Basic Technique Skills of a Soccer Game in Students of SMPN 1 Kotabumi"	Tactical Learning Approach	The tactical approach is a learning approach that combines technical skills with playing skills. So the tactical approach is more likely to give students the ability to release all abilities and make decisions quickly to solve problems during the game. With this approach, it is expected that students' abilities will automatically be formed properly.
(Mulyana, 2017) "The Influence Of Tactical And Traditional Approaches To The Motivation And Learning Outcomes Of Soccer Skills"	Tactical Learning Approach	The tactical group soccer playing skills are better than the traditional, the basic tactical soccer skills, the traditional group is better than students with the tactical learning method and the students' learning motivation is higher in the tactical group compared to the traditional group.

Of the eight article journals discussing the tactical learning approach, the understanding, objectives, and advantages of the tactical learning approach. In addition, the eight journals have similar problems that can be used as writing material for the continuation of the author's research, namely discussing the tactical learning approach that is implemented in soccer games.

**Table 2. Matrix of Literature Review for Passing Skills**

References	Research Variable	Conclusion
"Efforts to Improve Learning Outcomes of Passing in the Game of Soccer Through the Teaching Command Style" explained that	Passing Skills	Passing is the most important basic technique that must be possessed and mastered properly in soccer. Putting the ball into the opponent's goal is the final goal of every game, but to be able to move the ball quickly and precisely into the opponent's defense, is determined by the success in making a good pass or pass.
(Angraini & Darmawan, 2019) "Implementation of Four Goal Games on Learning Outcomes of Soccer Passing"	Passing Skills	Through the application of these games, soccer learning will become a varied learning and make students motivated to take part in learning physical education, sports and health, especially in soccer material, with the

References	Research Variable	Conclusion
		existence of four goal games students can unconsciously improve the results of learning passing done because in four goal games students touch the ball a lot by passing it.
(Nikmah & Darmawan, 2019) "The Implementation of Small Sided Games on Passing Learning Outcomes and Students' Motivation to Follow Soccer Learning" explained that	Passing Skills	Passing skills are one of the basic techniques in the game of soccer to make soccer players become professionals by making them train continuously before there is guidance from the coach. This strategy can increase the motivation of SSB students to continue to improve their abilities and soccer skills, especially in passing skills.
(Kurniawan A., 2014) "Development of Variations in Passing Exercises Combined with Dribbling and Controlling in Soccer Games"	Passing Skills	The passing skills of each player must be really good so that teamwork can be well established. Passing itself is the art of transferring ball momentum from one player to another. Mastery of good and correct passing techniques can help to create good teamwork and must be taught from an early age.
(Adri, 2015) "The Influence of Learning Media and Motivation on Learning Outcomes of Dribbling Passing in Soccer Games for High School Students"	Passing Skills	Passing is the art of transferring ball momentum from one player to another. Passing is best done using the legs. Passing requires a lot of technicality which is very important in order to stay on the ball. With good passing, we will be able to run into open spaces and control the game while building attack strategies.
(Agustan, 2018) "The Effect of a Tactical Approach on Soccer Passing Skills in Soccer Schools"	Passing Skills	The factors that can influence the improvement of these passing skills, the researchers argue, are the first is to practice the basics of playing soccer and practice passing with different ball sizes. Kicking practice with a small ball, such as a tennis ball, will help improve your ball skills.

From the six journals regarding passing skills, it is explained that in the game soccer uses one of the passing skills. The relationship with the research of the six journals can be a strong explanation because it specifically explains how passing skills are in soccer games.

**Table 3 Matrix of Literature Review for Dribbling Skills**

References	Research Variable	Conclusion
(Prabowo, 2020) "Learning Results of Dribbling-Shooting Soccer"	Dribbling skills	Teknik <i>dribbling</i> yang baik, seorang pemain harus memiliki kecepatan yang baik dalam menggiring bola maupun dalam melakukan perubahan arah gerakan yang bersifat mendadak, hal tersebut dilakukan guna untuk menghindari lawan yang akan merampas bola
(Darmawan, 2018) "Application of a Tactical Approach to Learning Outcomes of Dribbling and Controlling Skills in Soccer"	Dribbling skills	when the learning process of dribbling and controlling students was less enthusiastic when the teacher provided learning material, students' understanding of dribbling and controlling material was low. A teacher is expected to be able to provide learning that can make students more active and enthusiastic in learning.
(Bachtiar, 2019) "Application of Ballnastic Games to Learning Outcomes in Dribbling in Soccer Games"	Dribbling skills	Revealed that ballnastic will be related to dribbling to create motion which includes strength development, coordination, social and competitive and cooperative training. It means that in choosing a learning method, you must think about how this method can make it easier for students to absorb the material presented properly.
(Affandy & Sudarso, 2017) "Application of Jigsaw Cooperative Learning Model to Learning Outcomes of Basic Dribbling Techniques and	Dribbling skills	The application of the type of jigsaw cooperative learning model to the learning outcomes of the basic techniques of dribbling and soccer passing can be used as a reference in an effort to improve and develop learning in

Soccer Passing (Studies on Class VII Students of SMP Negeri 2 Sooko Mojokerto)"		school on learning basic technical material for dribbling and soccer passing
(Sudharto, Pelana, & Lubis, 2020) "Latihan Dribbling Dalam Permainan Sepakbola"	Dribbling skills	in soccer, basically, it is divided into two major parts, namely body technique and ball technique. Body techniques include mastery of body movements in games consisting of running techniques, body techniques. Whereas ball technique is a method of processing using various parts of the body such as the technique of receiving the ball (trapping) that is rolling, which bounces, and the ball is in the air, dribbling techniques, trickery with the ball, techniques for heading the ball, techniques for seizing the ball, throwing in and techniques. goalkeeper.

Of the five article journals above regarding dribbling skills, there are relevant equations so that they can be used in research by researchers that describe dribbling skills.

## DISCUSSION

The purpose of this study was to analyze how the effectiveness and influence of tactical learning approaches on learning outcomes using passing and dribbling skills in soccer. Judging from the 20 journals that have gone through the analysis process, it turns out that the tactical learning approach has an effect. Sucipto, Tarigan, Mamun, & Yudiana (2019) believe that the tactical approach emphasizes understanding the concept of playing with the stages of the approach before the actual game, and the techniques taught are based on the needs in the game. Physical education There are various learning models that can be used to deliver a variety of physical education materials including sports games. The sport itself consists of individual games and team games. Physical education learning that prioritizes team play includes soccer.

This research analysis study is in line with the results of research (Sultanengtyas & Darmawan, 2018) The application of a tactical approach in

physical education learning aims to motivate students and foster student interest and motivation to be more active in participating in learning and be able to perform various basic techniques of a game through playing activities. And supported by opinions (Farabi & Sudarso, 2018) the tactical approach is a learning approach by emphasizing active movement and active involvement during the physical education learning process, so that using a tactical approach will motivate students to look more active in the learning process of soccer. In implementing learning with games, a learning approach is needed to create a good learning situation so that the learning created can meet learning objectives, one of which is a tactical learning approach.

In the game of soccer, there are various kinds of skills including passing and dribbling, these two basic skills are very often used when someone is playing soccer, for a soccer player, as in the opinion (Kurniawan A., 2014) passing is the most important basic technique that must be possessed. and well mastered in the game of soccer. If a player cannot pass a soccer game properly, it will be difficult for the team to win the match against the opposing team. And according to (Prabowo, 2020) dribbling is also a form of skill performed by players to move the ball using one side of the foot (inner leg, outer leg, instep) from one place to another which is still in the game to avoid from the opponent to grab the ball.

## CONCLUSION

Based on the results of the literature study that has been carried out, the conclusion that can be obtained is that the use of tactical learning approaches in soccer skills can support physical education learning to be more effective and the application of tactical learning approaches in soccer games can affect the passing and dribbling skills of students.

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